

What's On

January - March 2018

Children and Families: Prevention

Name of district: Craven

	Time	Activity	More Information	Where
MONDAY		Activities will run from Monday 8th January until Thursday 29th March 2018. No activities will be running in the February half-term holiday, Monday 12th February until Friday 16th February 2018	Costs shown are per session. It would be really helpful if you could bring the correct change.	
	9.00 - 11.00	Childminder's drop-in session (Term-time only)	An opportunity for childminders to meet and share good practice. Parents who are searching for a childminder are also welcome to drop in.	South Craven CC
	10.30 - 12.15	Child Health Clinic	An opportunity to have your child weighed, get advice from a member of the health visiting team on a range of issues, including breastfeeding. Play while you wait. Please note last entry is 12.15pm.	Skipton CC
	10.30 - 11.30	Stay and Play (Under 5s) 5 weeks 8th Jan - 5th Feb	Come along for a fun session, with music . Under 5's. £1.00 per family.	Skipton CC
	12.00 - 4.00	Family History sessions	Bookable hour slots. Pre-book with the library on 01609 534548.	Skipton Library
	12.15 - 1.15	Baby Play (0-1's) 5 weeks 8th Jan - 5th Feb	Baby and parent/carer can explore, sing and share experiences together . £1.00 per family.	Skipton CC
	1.00 - 2.00	NEW! Weeny Boppers Babies (Babies aged 0-1)	For Babies aged 0-1 An exciting mix of songs, rhymes, instruments, tots actions and dancing. £1.00 per family	Skipton CC
	1.15 - 2.00	NEW! Baby Rhymes (0-2 years) (10 weeks) 15th January - 26th March	Baby Massage with nursery rhymes. Call 01609 798094 to book a place. £2.00 per session.	Settle Library
	1.30 - 2.30	Single Parents Group Starting Monday 15th January	Are you a single parent? / or newly single parent?, confused about the future? feeling lonely? come along to chat to other parent's in a similar situation. Support available to help you support your child, think about finances and lots more – Under 5's welcome to come along and play.	Skipton CC

	Time	Activity	More Information	Where
MONDAY	1.30 - 3.00	NEW! Young Parents Group Alternate Mondays starting on 22nd January	For more information contact Hannah Parsons on 01609 534477.	South Craven CC
	2.00 - 3.00	NEW! Baby Reflexology (from birth - 2 years) 5 week course 19th February - 19th March	Learn simple reflexology for you and your baby. Call 01609 798094 to book a place. £2.00 per session.	Settle Library
	3.00 - 5.00	Monday Movers (Alternate Mondays starting on 29th January)	Youth club for young people up to 25 with special educational needs or disabilities. If you think this may be for you or someone you know, please contact Hannah on 07815 413004.	Skipton Town Hall
	4.15 - 5.15	Lego Club (Age 5 and upwards) (Term-time only)	For more details please contact Skipton Library on 01609 534548.	Skipton Library
	6.00 - 7.30	Youth Café Starts 15th January	Hang out, meet friends and new people and have-a-go at activities. For young people aged 11-16	Skipton Town Hall
TUESDAY	9.00 - 11.00 (last entry 10.45)	Speech and Language Therapy Drop-In 16th January 20th February 13th March	A chance for you and your child to see and have a talk with a speech and language therapist, if you have any concerns about speech and language development. For children under the age of 6.	Skipton General Hospital No sessions at Skipton CC
	9.30 - 11.00	Stay and Play for 0-2 year olds	Come along and have fun. Delivered by Brougham Street Nursery School.	Skipton CC
	9.30 - 11.00	Child Health Clinic (4th Tuesday of the month) 23rd January 27th February 27th March	An opportunity to have your child weighed and get advice from a member of the health visiting team on a range of issues, including breastfeeding.	Methodist Church, Haw Grove, Hellifield
	10.00 - 11.00	NEW! Single Parents Group	Are you a single parent? / or newly single parent?, confused about the future? feeling lonely? come along to chat to other parent's in a similar situation. Support available to help you support your child, think about finances and lots more – Under 5's welcome to come along and play.	South Craven CC
	10.30 - 11.30	Weeny Boppers (Under 5's) (Term-time only)	For under 5's. An exciting mix of songs, rhymes, instruments, tots actions and dancing. £1.00 per family	North Craven CC, Settle

	Time	Activity	More Information	Where
TUESDAY	1.30 - 2.30	NEW! EAL Group Stay & Play Group (English as an additional language) (Last Tuesday of the month) 30th January 27th February 27th March	Meet other families, play for your child, supporting language development.	Skipton CC
	1.00 - 2.00	NEW! Weeny Boppers Babies (Babies aged 0-1)	For Babies aged 0-1 An exciting mix of songs, rhymes, instruments, tots actions and dancing. £1.00 per family	South Craven CC
	2.00 - 4.00	Child Health Clinic (Alternate Tuesdays) 2nd, 16th & 30th January 13th & 27th February 13th & 27th March	An opportunity to have your child weighed and get advice from a member of the health visiting team on a range of issues, including breastfeeding.	Bentham Health Centre
	4.45 - 5.45	Football (ages 11-19) (Term-time only)	Ages 11-19 years (up to 25 years for young people with SEND). Girls and Boys. Come along and have fun, make friends, practise your skills. For more information, please call Laura Preston on 07980 013324.	Coulthurst Sports Centre, Skipton
WEDNESDAY	9.30 - 11.15	Child Health Clinic	An opportunity to have your child weighed, get advice from a member of the health visiting team on a range of issues, including breastfeeding. Play while you wait. Last entry is 11.15am.	Skipton CC
	9.30 - 11.30	Family Outreach Worker Drop-in AND Next Step: NEET Drop In	Need advice and support? Come and talk to a Family Outreach Worker about behaviour, finances, 2 year old funding or any other family issues. For expectant parents and those with children from 0 to 19 years. 16 -19 ? Not in Employment, Education or Training? Come along to our drop-in every Wednesday for advice and support.	Skipton CC
	10.00 - 11.30	Twins and Multiple Births Group (Term-time only)	For under 5's. A chance to meet other families, share stories and advice. Fun activities for babies and children. £2.00 per family	South Craven CC
	10.00 - 11.00	Baby Massage (11 weeks) 10th January - 28th March	Learning to communicate with your baby through the art of touch. Babies aged 6 weeks to 6 months. Call 01609 798094 to book a place. £2.00 per family.	Skipton CC
	10.00 - 12.00	Knit and Natter	For more details please contact Skipton Library on 01609 534548.	Skipton Library

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WEDNESDAY	10.00 - 12.00	IT Support	For more details please contact Skipton Library on 01609 534548.	Skipton Library
	10.15 - 11.30	Child Health Clinic (Alternate Wednesdays) 10th & 24th January 7th & 21st February 7th & 21st March	An opportunity to have your child weighed, and get advice from a member of the health visiting team on a range of issues, including breastfeeding.	Ingleton Methodist Church
	10.15 - 11.30	Child Health Clinic (1st Wednesday of the month) 3rd January 7th February 7th March	An opportunity to have your child weighed, and get advice from a member of the health visiting team on a range of issues, including breastfeeding.	Caterpillar Club - St Andrew's Church, Gargrave
	10.15 - 11.15	NEW! Single Parents Group (Last Wednesday of the month) 31st January 28th February 28th March	Are you a single parent? / or newly single parent?, confused about the future? feeling lonely? come along to chat to other parent's in a similar situation. Support available to help you support your child, think about finances and lots more – Under 5's welcome to come along and play.	North Craven CC, Settle
	11.00 - 11.45	NEW! Baby Yoga (3 months+) 10th January - 28th March	Gentle movements with songs. Call 01609 798094 to book a place. £2.00 per family.	Skipton CC
	11.30 - 1.30	Smoke Free Life North Yorkshire Clinic	Offering support and guidance to help you stop smoking. Contact : 0800 2465215.	Skipton CC
	11.00am	Story Time (Under 5's) (Fortnightly - please check with the Library)	For more details please contact Bentham Library on 015242 61388.	Bentham Library
	1.30 - 2.15	NEW! Baby Yoga (3 months+) 10th January - 28th March	Gentle movements with songs. Call 01609 798094 to book a place. £2.00 per family.	North Craven CC, Settle
	2.00pm	Story Time (Under 5's) (1st Wednesday of the month)	For more details please contact Skipton Library on 01609 534548.	Grassington Town Hall
	2.00 - 3.00	NEW! Small Talk Places Need to be booked (5 week course) Wednesday 10th January - Wednesday 7th February (5 week course) Wednesday 21st February - Wednesday 21st March	Join us in a variety of play activities with ideas of how to support your child's language development. Sessions run in blocks, please contact Andrea for more details. What will my child get out of the session? Children will learn and develop listening, attention, speech and language skills. What will you get out of the session? You will learn different ways of helping your child's speech , language and communication development at home. Help your child to: Listen and talk Enjoy time together Build Confidence Get ready for nursery Call Andrea on 01609 535364 or to book a place call 01609 798094	Skipton CC
	2.15pm	Story Time (Under 5's) (2nd Wednesday of the month)	For more details please contact Skipton Library on 01609 534548.	Ingleton Library

	Time	Activity	More Information	Where
WEDNESDAY	3.30 - 5.00 (please note new finish time)	NEW! Weekly! Moving on, Moving up! Every week, starting on 17th January	Come along and meet friends in school years 5, 6 & 7 – snack and variety of activities.	South Craven CC
	3.30 - 5.00	NEW! Homework Club (ages 7-14) Support for all aspects of homework , research, printing etc.	For more details please contact the library on 01609 534548.	Skipton Library
	6.30 - 8.30	Youth Club, Settle (ages 11-19) North Yorkshire Youth (Term-time only)	Youth Club delivered by North Yorkshire Youth.	Settle CC
	7.00 - 9.00	Family Life course Evening Course 28th February 7th March 14th March 21st March	Is family life getting you down? Feel like there is no time for you anymore? Want some support and fun whilst finding out ways to get things back on track? Why not come and join our 4 week book-on course including topics such as managing behaviour and looking after yourself. For parents of children aged 0-19. To book a place please call 01609 798094.	Embsay with Eastby Preschool Playgroup
THURSDAY	9.30 - 11.15	Child Health Clinic	An opportunity to have your child weighed, get advice from a member of the health visiting team on a range of issues, including breastfeeding. Play while you wait. Please note last entry is 11.15am.	South Craven CC
	9.30-11.30	Child Health Clinic (2nd & 4th Thursday of the month) 9th & 23rd January 13th & 27th February 13th & 27th March	An opportunity to have your child weighed, get advice from a member of the health visiting team on a range of issues, including breastfeeding. Play while you wait.	Church House, Grassington
	9.30 - 11.30	Sleep Drop-in Clinic (1st Thursday of the month) 4th January 1st February 1st March	Are you fed up with bedtime battles? Getting your child to bed or to stay in bed? If the answer is yes, then call in and see us at the sleep drop-in clinic We have a specialist available to support children with special educational needs or disabilities. For parents of children aged 0-19.	Skipton CC
	9.30 - 11.30	New! Skills to return to employment/ training with adult learning.	For more details please contact Skipton Library on 01609 534548.	Skipton Library
	10.00 - 1.00 & 2.00 - 4.00	NEW! 1-2-1 IT help Computer skills / knowledge, one hour slots , apply for jobs, learn how to Skype.	Book with the Library on 01609 534548.	Skipton Library
	12.30 - 3.30	Hearing screening sessions	Hearing screening clinic - Parent's and babies will be invited individually .	Skipton CC
	11.30 - 12.30	Weekly session! Breastfeeding Support Drop-in	Meet other parents, discussions around breastfeeding, fresh juices available.	South Craven CC

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THURSDAY	1.00 - 2.00	Breastfeeding Support Drop-in	This group offers a welcoming environment for breastfeeding and expectant mums to meet other mums to form a social network and get support with breastfeeding. Run jointly by Family Outreach Support Workers and the Health Visiting Team. Refreshments available. Free.	Skipton CC
	1.00 - 4.00	NEW! Horton Housing Craven Stay Drop-in session	Part of North Yorkshire's Homeless Prevention Service. Do you need support or advice on housing? Call 07932 644973, leave a voicemail or send a text.	Skipton CC
	2.00 - 2.30	Rhyme Time - (Under 5's) Nursery Rhymes, actions, musical instruments.	For more details please contact Skipton Library on 01609 534548.	Skipton Library
	2.15 - 3.15	NEW! Storytime for under 5's	Under 5's story time , come along and enjoy stories, make props and join in and have fun! £1.00 per family	South Craven CC
	2.00 - 4.00	Child Health Clinic (1st & 3rd Thursday of the month) 4th and 18th January 1st and 15th February 1st and 15th March	An opportunity to have your child weighed, get advice from a member of the health visiting team on a range of issues, including breastfeeding.	Settle Health Centre
	3.45 - 5.15	Fuse Theatre Group (ages 11 - 25)	Inclusive Theatre Group aimed at young people aged 11-25 including those with Special Educational Needs and Disabilities. For more information, or to book-on, please call Andrea on 01609 535364.	Skipton CC
	7.00 - 9.00	Youth Club, Glusburn (ages 11-19)	Youth club delivered by North Yorkshire Youth.	Glusburn Institute
FRIDAY	10.30 - 11.30	New! Weeny Boppers (Under 5's) (Term-time only)	For under 5's. An exciting mix of songs, rhymes, instruments, tots actions and dancing. £1.00 per family	South Craven CC
	10.00 - 11.00	NEW! Amazing Babies (3 weeks) 19th January - 2nd February	For parents with babies 0-6 months. A course to learn how your babies brain develops, and what babies need to support this. Places must be booked, please call 01609 798094.	Skipton CC
	10.00 - 11.00	NEW! Amazing Babies (3 weeks) 2nd March - 16th March	For parents with babies 0-6 months. A course to learn how your babies brain develops, and what babies need to support this. Places must be booked, please call 01609 798094.	Skipton CC
	10.00 - 12.00	NEW ! 1-2-1 IT help Computer skills / knowledge one hour slots , apply for jobs, learn how to Skype	Book with the Library on 01609 534548.	Skipton Library


	Time	Activity	More Information	Where
FRIDAY	10.30 - 11.30	NEW! Messy Play For babies 0-1 years (5 weeks) 12th Jan - 9th Feb	For babies 0-1 years Encouraging communication through messy play, promote language development. £1.00 per family	Skipton CC
	10.30 - 12.00	NEW! Weekly Group Young Parents Group	For more information contact Hannah Parsons on 01609 534477.	North Craven CC, Settle
	10.30 - 11.30	NEW! Story Time 23rd Feb - 23rd March	Under 5's story time , come along and enjoy stories, make props and join in and have fun! £1.00 per family	Skipton CC
	1.00 - 2.00	Weeny Boppers (Under 5's) (Term-time only)	For under 5's. An exciting mix of songs, rhymes, instruments, tots actions and dancing. £1.00 per family	Skipton CC
	2.30 - 3.00	Story Time	For more details please contact Skipton Library on 01609 534548.	South Craven Community Library, Crosshills
	3.00 - 4.30	Meet Library staff - register with the library. Friday 19th January.	Book sale - children's book ex- library stock 30p each - drop-in after nursery / school. Free Bookstart resources at this event.	Skipton CC
SATURDAY	10.00 - 12.00	New! 1-2-1 IT help Computer skills / knowledge one hour slots , apply for jobs, learn how to Skype.	Book with the Library on 01609 534548.	Skipton Library
	10.00 - 2.00	Junior Party Hair Course code - UFPNRH06 10th February 2018	For children aged 10-15. Course Fee is £35.00 Online enrolment only at www.craven-college.ac.uk . Please bring a packed lunch. For more information please telephone 01756 791411.	Craven College (High Street site)
	10.00 - 3.00	Junior Creative Book Binding Course code - UFPNRA18 10th February 2018	For children aged 10-15. Course Fee is £45.00 Online enrolment only at www.craven-college.ac.uk . Please bring a packed lunch. For more information please telephone 01756 791411.	Craven College (Aireville Campus)
	10.00 - 3.00	Junior Animal Care Course code - UFPNFG02 17th March 2018	For children aged 10-15. Course Fee is £40.00 Online enrolment only at www.craven-college.ac.uk . Please bring a packed lunch. For more information please telephone 01756 791411.	Craven College (Auction Mart site)
	10.30 - 3.30	Junior Middle Eastern Cookery Course code - UFPNRK10 17th March 2018	For children aged 10-15. Course Fee is £45.00 Online enrolment only at www.craven-college.ac.uk . Please bring a packed lunch. For more information please telephone 01756 791411.	Craven College (High Street site)
	11.00am	Saturday Stories (Ages 5-11) (2nd Saturday in the month)	For more details please contact Skipton Library on 01609 534548.	Skipton Library
	11.30am	Craft & Chat - Adults only (2nd Saturday of the month)	For more details please contact Skipton Library on 01609 534548.	Skipton Library

Prevention service

There is now a single service which:

- Operates seamlessly throughout the 0-19 age range;
- Eliminates duplication, unnecessary and unhelpful transitions for families;
- Has a new way to provide services, including a greater capacity to provide early help in a more targeted way to children, young people and families; and
- Is co-located with the new healthy child teams (5-19)

Our vision is that "families in North Yorkshire are able to access readily a range of support to ensure that their children are safe, happy and well, and that they can flourish at school and in the wider world".

Other Information	
	<p>This is a bespoke family service for 5-19 year olds who wish to work towards a healthy weight. Each family is offered a 12 week programme which is delivered by a Healthy Lifestyle Advisor within the family home. For more information please contact Jenny Thompson on 01609 798200 or Jenny.Thompson@northyorks.gov.uk.</p>
<p>Volunteering</p>	<p>Please contact caroline.hannah@northyorks.gov.uk or telephone 01609 533378 if you would like anymore information about volunteering.</p>
<p>Vitamins</p>	<p>Healthy Start Vitamins for children and expectant mums will be available on sale at Skipton, South Craven and Settle Children’s Centres. Please ask at reception if you require any.</p>
<p>Parent Education</p>	<p>Classes available , recommended from 28 weeks of pregnancy – available to all women booked at Airedale NHS Trust. Classes include – Keeping Birth Normal, Stork Walk etc. Look at the website for more details: www.airedale-trust.nhs.uk/services/maternity-services/parent-education To book a place on classes please call Antenatal Clinic Office on 01535 294681 or 01535 292411</p>
<p>Two year old funding</p>	<p>Your child could be entitled to 15 hours a week of free early education and childcare at a local nursery, childminder or pre-school, please contact us for more details.</p>
<p>30 hour funding</p>	<p>Funding for 3 and 4 year olds – Don’t miss out – Your child may be entitled to 30 hours of funding with a local pre school, nursery or childminder, contact Caroline Hannah (01609 533378) for more details.</p>
<p>Speech and Language</p>	<p>If you are concerned about your child’s speech we offer sessions for you to attend, please ask for more details.</p>
<p>Family Life Sessions</p>	<p>Come along to find out how to get the best out of family life, different ideas and strategies to help you manage your day.</p>
<p>Breastfeeding</p>	<p>Support groups available, also if you need anywhere to breastfeed when you are out and about, please do pop in where you would be made welcome.</p>
<p>Adult Learning</p>	<p>If you are interested in further study, a variety of courses are available, contact Adult Learning and Skills Service – 01609 533936</p>

The Children's Centres in Craven are in 3 locations:-

Skipton Children's Centre shares a site with Brougham Street Nursery and Parish Primary School on Brougham Street in Skipton. The centre is a 10-15 minute walk from Skipton train and bus stations. There is an accessible parking bay at the centre and on-street parking close by. The building is easily accessible and has ramp and lift facilities.

Tel: 01609 798094

Email: skiptoncc@northyorks.gov.uk

Brougham Street, Skipton, BD23 2ES

South Craven Children's Centre is located next door to Glusburn Primary School on Colne Road in Glusburn and around a 10 minute walk from Crosshills bus stop. On street parking is available on surrounding streets and the centre is easily accessible.

Tel: 01609 798558

Email: skiptoncc@northyorks.gov.uk

Colne Road, Glusburn, BD20 8PN

North Craven Children's Centre, Settle is located on Kendal Road, Settle, on the site of the old middle school. The centre is around a 10 minute walk from the Market Place and train station in Settle. There is ample parking and the centre is easily accessible.

Tel: 01609 533990

Email: skiptoncc@northyorks.gov.uk

Kendal Road, Settle, BD24 0BU

Other venues in this programme:-

Bentham Health Centre, LA2 7JP

Church House Cottage, 11 Main Street, Grassington, Skipton, BD23 5AD

Embsay with Eastby Preschool Playgroup, The Village Hall, Embsay, Skipton, BD23 6RE

Ingleton Methodist Church, LA6 3EH

Methodist Church, Haw Grove, Hellifield, BD23 4JA

Settle Health Centre, BD24 9HZ

Settle Library, BD24 9RB

Skipton Library, BD23 1JX