



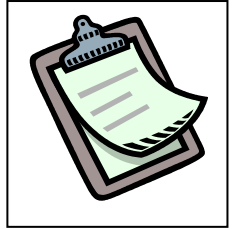
Sutton in Craven Church of England Primary School

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Newsletter 20th November 2018



I apologise that the newsletter is slightly later than usual – I was having too much fun in Blossom class at the end of last week!

I always enjoy showing people around school and over the last few weeks we have had lots of visitors. Our two open mornings were very successful and I showed around a number of parents who are looking for places for their children in September 2019. Our LEA Adviser was also in last week and she commented on the calm and purposeful atmosphere in all areas as well as how the children were enthusiastic and well-mannered.

The Autumn term is always a busy one and I wanted to say thank you to everybody who has supported the events that have already happened in school this term and to those involved with organising and ensuring the smooth running of these events. There are a more events coming up over the coming weeks – please do check date lists carefully, I included an updated set of dates on the last newsletter.

Kind regards,
Mrs Herbert

Pupil-Parent Council Update

*The Christmas Fair needs your help...
Non uniform day Friday 7th December*

Please could children bring in donations to support the Christmas Fair.

We would like toys old and new, children's books, games, tombola and raffle prizes and chocolate for the ever-popular 'chocolate tombola' and bottle donations for the bottle tombola. Your support is appreciated.

THANK YOU

Next meeting: Tuesday 27th November, 9am

**** Reminder - Class Assemblies ****

Thursday 29th November – Oak

Thursday 6th December - Birch

Parents of children in each class are invited to join us after morning registration to find out what they have been up to in class.

New Starters 2019

Are you applying for a place for your child to start with us in September?

Applications can be made now on-line through NYCC website:

<https://www.northyorks.gov.uk/apply-primary-or-junior-school-place>

The deadline for applications is Tuesday 15th January 2019.

Pantomime

We will be attending the pantomime at Skipton Auction Mart again this year. This trip will take place on Friday 21st December 2018. Details to follow later this week.



The Christian value we are focussing on this half term is **GENEROSITY**.



When we think about generosity we usually think about being generous with money or possessions. However, we can also be generous with our time, our gifts and our abilities. Generous people often say that they receive much more than they give. Perhaps this is because when someone is generous to us, it makes us want to be generous in return. The opposite of being generous is being selfish. What kind of person would you prefer to have as a friend?

Staffing Update

Miss Harraway has made the difficult decision not to return to school in order to spend time with her baby boy. She will be missed but we wish her and her family all the best. We are trying to arrange a time for Miss Harraway to come in and say goodbye.



CHRISTMAS FAIR

Saturday 15th December
11.00am-1.00pm



Book Stall, Tombola, Raffle, School Choir, Tea & Coffee, Cakes, Face-painting, Chocolate Tombola ... and more.
Please do come and support the school!

Packed Lunches

Did you know that a child at school should have about a third of their daily nutrient requirements at lunchtime? This means they need food that are going to provide them with enough energy, protein, fibre, vitamins and minerals.

A healthy packed lunch should contain a mix of foods from the EatWell Plate. The EatWell Plate shows how much should be eaten from each of the 5 food groups. A good packed lunch contains:

- A starchy food, such as bread, rolls, pitta bread, naan bread, potatoes, rice, noodles.
- These foods are good for children to fill up on.
- A good source of protein, iron and zinc such as meat, fish, beans, nuts or eggs.
- A good source of calcium such as milk, cheese, yoghurt or fromage frais.
- And one portion of fruit and one portion of vegetable or salad to provide all the other vitamins and minerals. A piece of fruit could be a 100% juice or piece of fresh fruit, dried fruit or tinned fruit in fruit juice. A piece of vegetable could be a fresh vegetables such as carrot stick, salad or a vegetable soup or vegetable dish.
- No single food contains all the essential nutrients the body needs to be healthy and function efficiently so it is important that the content of the packed lunch is varied.

Please support your child by providing them with a healthy packed lunch.



School dinners

As you are aware our school meals are provided by North Yorkshire County Caterers, they have asked me to pass the following information on to you:

Dear Parent / Carer,

We are pleased to inform you about what we believe are some positive changes to the school meals that will be introduced from January 2019.

Our catering team has always endeavoured to ensure that the school meals your child receives are nutritionally balanced and meet the government's national school meals standards. While school meals are meeting national standards, the sugar content and frequency of desserts on the menus have been highlighted as an area for improvement. As a result the catering team are implementing the following changes:

- Very high sugary desserts have been taken off the regular menus but we recognise that these may be some of the favourite puddings that children love so they will still feature as a treat on celebration days and promotions.
- Sugar content in desserts will be reduced by at least 10%.
- We will continue to offer a main course and choice of dessert each day, 2 out of the 5 days the dessert option will be a variety of flavoured yoghurt and fresh fruit.

As you will no doubt be aware, the rates of overweight/obesity among children and young people nationally are very high, as are the rates of tooth decay. These small but significant changes to school meals are just part of a much broader approach in promoting healthy weight and good oral health among children and families.

We hope that you will agree that these changes are a positive initiative towards helping our children to lead healthier and more fulfilling lives.

Over the summer, we have spent lots of time creating, testing and trying out all the new 'reduced sugar' recipes to make sure they are still appealing to children, tasty and delicious.

We welcome any comments or suggestions.

Yours sincerely,
North Yorkshire County Caterers

St Thomas Church, Sutton-in-Craven



Christmas Fair



Saturday November 24th
in Sutton Village Hall

Starts at 10am



Gift Stall

Tombola

Raffle

Chocolate Tombola



Toys, Books & Games



Cakes and Produce



Morning Coffee, Mince Pies
Bacon Butties



Entertainment from Sutton's Got Brass
and the Church School Choir

All Welcome

HOLIDAY ACTIVITIES
BINGLEY - SKIPTON - TADCASTER - YORK

BOOK
NOW

"My son has
had a fantastic time.
He is naturally shy,
but has no problems
here."

CHRISTMAS BREAK 2018/19 BASKETBALL CAMPS

For boys and girls aged 4-13 (Pre-School to Y8)
Everyone welcome - all abilities catered for from beginners to experienced players

COME ALONG & JOIN US...

Relaxed, fun atmosphere with lots of skills, challenges & games throughout the day.

Thursday 20th December 2018
Harden Primary School, Long Lane, Harden, Bingley, BD16 1LJ

Thursday 3rd January 2019
Tadcaster Grammar School, Toulston, Tadcaster, LS24 9NB



Friday 4th January 2019
Acomb Primary School, West Bank, York, YO24 4ES

Monday 7th January 2019
Greatwood Community Primary School, Pinhaw Road, Skipton, BD23 2SJ

TIME: 9am - 4pm (8.30am Early Drop Off/4.30pm Later Pick Up at NO EXTRA COST) COST: £20 per day


**COACH GUNN
BASKETBALL**

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ORGANISED & LED BY
COACH MARK GUNN
ASSISTED BY GUEST COACHES.
ALL FULLY DBS CHECKED,
QUALIFIED & INSURED.

BOOK NOW TO SECURE YOUR PLACE
BOOKING FORM & MORE INFO
ON REVERSE

If you would like a booking form please ask Mrs Herbert.