



'Flourishing together'

Sutton in Craven Church of England Primary School
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Newsletter 25th September 2020



It is hard to believe that it has been two weeks since the last newsletter, time flies when you are having fun. The children and staff are now in a well-established routine both particularly at the beginning and end of the day as well as break and lunch times.

All children have been enjoying collective worship in their class bubbles and we know that this has been a special time for reflection and thought. This half term our focus Christian Value is LOVE. Our new school vision will be at the heart of our worship, of how we are, how we behave and how we feel in school.

I would like to also say a big thank you to you, our parents and carers, for the support, flexibility, feedback and positivity during these first few weeks back. Safety and well-being are our main priorities.

It has been very lovely to see all our children settling in, enjoying learning, rebuilding positive relationships and recover. We know that the next few months are uncertain but have every faith that as a whole school community we can overcome what is to come, working together, learning together, loving each other.

With very best wishes,
Mrs Gibbons

This week we have been learning a lot about place value, using equipment to support our learning.

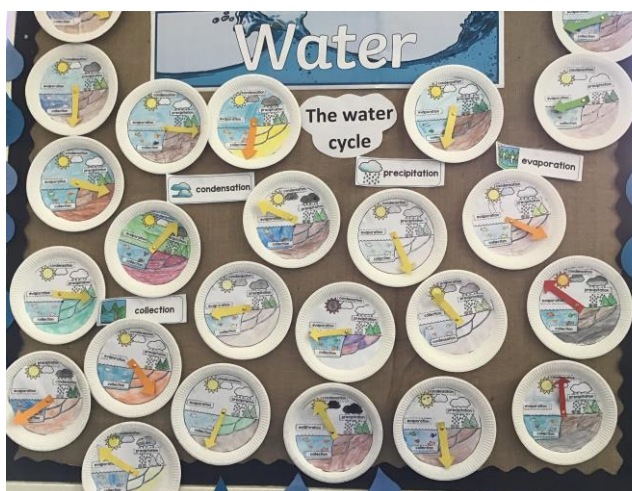


We have been using Numicon to explore number.

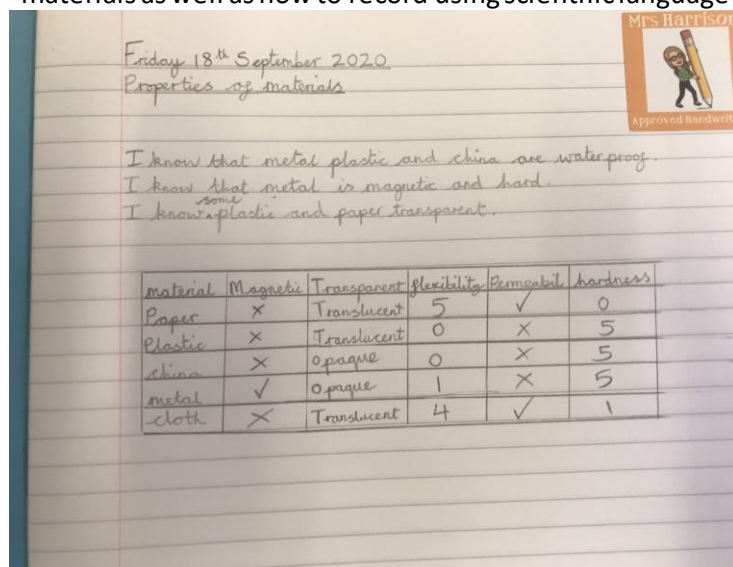


Look at all the amazing learning we have been doing this week. We are very proud of ourselves!
Best wishes to you all and have a lovely weekend.

We have been also learning all about the water cycle.



We have been learning about the properties of different materials as well as how to record using scientific language





**Saturday
26th
September
2020**

Virtual Family Coffee Morning..... get baking, making and sharing!

Create your own coffee morning this Saturday.

Get baking & sharing your cake with your family. Send us your photos & we'll post them on our Facebook page & newsletter.

Please donate via ParentPay

We can't wait to see your creations and photographs!



Autumn Term Diary Dates

26 th September	Virtual MacMillan Coffee Morning
October	Black History Month
7 th October	Walk to School Day
16 th October	Harvest Festival – details TBC
21 st October	Virtual Open Morning and School Vision event
23 rd October	Break up for Half Term
2 nd November	School re-opens
3 rd November	Parents Evening – details TBC
5 th November	Parents Evening – details TBC
13 th November	Children in Need – details TBC
16 – 20 th Nov	Road Safety Week
26 th Nov	Oak Class Assembly – details TBC
3 rd December	Birch Class Assembly – details TBC
16 th December	Christmas Party Day
17 th December	Carol Service
18 th December	Last Day of Term

P.E. day reminder

Please ensure your children come dressed in full P.E. kit including trainers. NO JEANS. P.E. days are as follows.

Class	Days
Blossom	Monday Friday
Willow	Tuesday Friday
Birch	Tuesday Wednesday
Oak	Monday Thursday

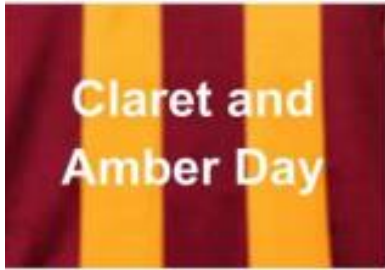


Uniform - a reminder

We would like to reiterate the importance of wearing a uniform – it is about belonging, being part of a family, a community, being included yet at the same time increasing expectations. Our uniform at Sutton CE is black/grey trousers/shorts, skirt or pinafore, blue jumper or cardigan with crest on (red for Year 6), white or pale blue t-shirts or shirts. Children should wear black school shoes or boots – **NO TRAINERS.**



**A huge thank you for the effort in raising funds for
Chris Riley**



Thank you very much for participating and for donating so generously. Monies and donations are still coming in and so we do not have a grand total yet.

If you haven't yet donated and would like to:
Please make donations either directly through the link below or via ParentPay
<https://gf.me/u/yr2kxu>

IT'S YOUR BIRTHDAY!!!



As it has been very difficult for children to have a birthday party like they would 'normally' do, we will be hosting a 'BUBBLE BIRTHDAY PARTY' once a month. This will enable us to celebrate everyone's birthday from that month in style! We will even have cake and candles. That way children can be with friends and have a positive experience, hopefully making up for the missed parties that would happen outside of school.



Please work with us to ensure we are all safe and keep well.



**If your child has:
a high temperature
a new, continuous cough, or
a loss of, or change in, sense of
smell or taste**

**This could be a sign of
coronavirus**

Book a test

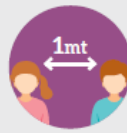
**If your child has:
a runny nose, is sneezing or
feeling unwell
But they don't have:
a high temperature
a new, continuous cough, or
a loss of, or change in,
sense of smell or taste**

**These are
not normally symptoms of
coronavirus**

**Seek advice from a pharmacy, dial
111 or see your GP**



**Back to
school**



North Yorkshire
County Council



**Back to
school**

Coronavirus ☒ Follow

Social distancing



Wash your hands regularly



Wear face coverings on
transport and in shops



High temperature, new cough,
loss of taste and smell



Do not meet socially in groups
of more than 6 in any setting



Keep up to date with the latest information
and stay safe against Covid-19. If you have
symptoms, speak to someone and self-isolate.
For further advice on how to keep safe, follow
@NYCC



Send message...



North Yorkshire
County Council

<https://www.nhs.uk/using-the-nhs/nhs-services/the-nhs-app/>



Not sure what to feel about what you're feeling?

The Go-To

For healthy minds in North Yorkshire



The Go-To website is the home of wellbeing and mental health for young people in North Yorkshire. We're here to signpost young people, parents, carers and professionals to the right help and support.

Visit www.thegoto.org.uk

**Supporting you
with well-being
and mental health**

https://www.thegoto.org.uk/?utm_campaign=1535008_CYPSeRed%20Bag%20-%2011%20September%202020&utm_medium=email&utm_source=North%20Yorks%20County%20Council&dm_i=4BPJ%2CWWF4%2C34L2MJ%2C42LDX%2C1

What is The Go-To?

The Go-To is a portal or 'single point of information', promoting mental health support services for children and young people within the North Yorkshire County Council boundary. With the amount of different services available in North Yorkshire, it can often be confusing to know what is what. The Go-To is designed to make things simple for you, having all the information you need in one place, so children and young people can get access to the right care they need.

Who can use The Go-To?

The website has been designed primarily for young people, by young people. However, there is also information for parents, carers, GPs and other professionals.

Who developed The Go-To?

The Go-To has been developed by NHS North Yorkshire Clinical Commissioning Group (CCG) together with partners from North Yorkshire County Council and neighbouring CCGs (NHS Bradford District and Craven CCG, NHS Vale of York CCG). Young people from North Yorkshire Young Minds Combined – a group made up of members of North Yorkshire's Youth Parliament and other youth voice groups – also helped to design the new website.

Visit www.thegoto.org.uk

What you need to know about...

TROLLING & ONLINE ABUSE

NOS

Online Bullying

Brought to you by



National Online Safety

www.nationalonlinesafety.com

What is it?

'Trolling & Online Abuse'

Trolling is a form of cyberaggression. It involves the sending of malicious, abusive or derogatory messages by one user (a 'troll') to another user online with the intention of upsetting or harassing them or damaging their reputation. It is often anonymous and does not meet the definition of bullying yet might develop into online bullying. Trolls will often goad others until they react. They enjoy putting people down and causing discord, starting arguments or being inflammatory – stirring things up for their own entertainment. Trolling may take the form of a one-off offensive comment, hate speech or even threats made online.

Know the Risks

May cause distress

Children can be particularly vulnerable to online trolling and online abuse. Receiving offensive comments for no reason can cause young people distress and increase feelings of anxiety and worry.

Impact on wellbeing

Trolling which is targeted and persistent can have a huge impact on children's mental health and wellbeing. It can lead to low self-esteem and create feelings of worthlessness and dissatisfaction, potentially affecting how children see and feel about themselves.

Could damage reputation

Online trolling can be humiliating for the victim and can negatively impact on how they are perceived online or on social media. Trolls might goad children into reacting or saying something they might regret and then sharing those comments widely to purposely paint them in a negative light.

May affect home and school life

Children who constantly receive hateful and spiteful messages online can become isolated and withdraw from daily life. They may become depressed, angry or unable to sleep at night. Their school performance may suffer and it may impact on their behaviour at home.

Safety Tips

Have open dialogue

It is vital to have conversations with young people about the hate speech, anger and prejudice that are all around them and explore what resilience they may have. Keep the dialogue always open so that young people have trusted adults to turn to.

Discuss online behaviour

Discuss what is acceptable behaviour online and what is inappropriate, unacceptable or against the law. Warn against reacting even more aggressively towards online trolls, reminding them that their digital footprint will outlast the current problem.

Implement privacy settings

Make sure that children are only using age-appropriate apps. Make their profiles private so that only friends and family can interact with them online and turn off comments if you're concerned about what other people might say.

Teach critical thinking

Help young people to spot trolls or when people are 'stirring it' on social media. Talk to them about people who might dare them to do risky things or encourage them to post negative comments online so that they recognise them and don't become an online troll themselves.

Further Support

Report to platform

Understand the tools available on the platform where trolling is taking place and whether or not it is moderated. Check out the community guidelines to see if the behaviour contravenes them and then if so, report it, block, unfriend or unfollow the sender where possible.

Collect evidence

Always try to screenshot or take a photo of the negative posts or comments made online. Report the incident to your child's school, police or local authority who will be able to investigate further.

Seek professional advice

If your child has experienced negative effects on their mental health and wellbeing due to trolling online, ask for additional support from your school's local safeguarding officer or seek professional help from charities who will be able to offer further advice and guidance.

Seek support from friends

Friends can be supportive to one another and can be encouraged to flock to post positive messages when someone is targeted. Ask your child's friends for support – like-minded people can act together positively and they may help to build their confidence and self-esteem.

Our Expert

Adrienne Katz



Adrienne Katz is an award-winning cyberbullying expert with extensive experience of working with schools and education providers to deliver training in online safety. She is the founder and leader of the annual national Cybersurvey, providing one of the richest databases of young people's views on digital life in the UK and has previously worked on government level projects funded by the Home Office and The Princess Diana Memorial Fund.