



Sutton in Craven C of E VC Primary School

PSHE & RSE Long Term Plan

2023 - 2024



Flourish together, in the love of God, to live life in all its fullness.

	Autumn		Spring		Summer	
We teach PSHE following 3D Dimensions scheme of work						
Blossom Class EYFS & Year One	Rules and expectations; friendships; road safety; what's in my pants is private; consent	Good manners; feelings and emotions.	Keeping healthy	Bullying; behaviour; keeping safe	Kindness; family; sharing	Sun safety; money
Willow Class Year Two & Year Three	Friendship; belonging; keeping safe	Right and wrong; aspiration; co-operation	Keeping healthy; keeping clean	Human body; growing up; what's in my pants is private; keeping fit	Behaviour; local citizenship; responsibility	Emotions; money
Birch Class Year Four & Year Five	Law and rights; keeping healthy	Death and grief; conflict; community	Substances (drugs, alcohol and tobacco); basic first aid	Confidentiality; listening; physical contact	Food; goals	Y4 – giving consent; different families; what's in my pants is private Y5 – Puberty and Sex Education
Oak Class Year Six	Strengths and goals; road safety	Similarities and differences; illness and immunisation	Substance related abuse (drugs, alcohol and tobacco)	Marriage and relationships; healthy minds	Money and budgeting	Puberty and Sex Education